

BLUSH LIPS AFTERCARE

Use healing cream 3 times a day for 14 days;

Day 1: Avoid hot drinks and food that may burn your lips;

Do not consume seafood and fatty foods (pork, chocolate, shrimp, lobster etc.) for 3 days;

- ✓ **Avoid swimming, ocean, sauna and exposure to the sun for 7 days;**
- ✓ If you have predisposition for herpes, use antiviral medication;
- ✓ Avoid kissing for 5 days, to avoid pain or exposure to bacteria as you will be sensitive;
- ✓ Drink liquids with a straw for 3 days;

Do not use lipstick for 14 days;

Do not pick or pull on the scabs;

- ✓ Use Nivea's blue moisturizer to hydrate daily until it heals (on average 14 days);

Day 2 to day 3, it will be darker, and it's completely NORMAL;

Day 6 to day 20, you will get the impression that the pigment is gone due to PHAGOCYTOSIS, where the skin encapsulates the pigment for healing;

Day 20 to day 30, your lips start to heal and the color starts to become more apparent.